

FAMILY SERVICE, INC.

2022 REPORT TO THE COMMUNITY

COMMUNITY WELLNESS

The community mental health needs continue to increase as well as severity of cases. In 2022 we served more than 620 people for mental health services. With community support we were able to provide

- 14% - Spanish or bilingual individuals
- 83% - improved their mental health status
- 1,833 free therapy sessions (youth & adults)

funding provided by other payment sources.



PREVENTION EDUCATION

2022 was a big year for Family Service, Inc.'s Prevention Education programming! Not only did we return to in person presentations at BCSC, but we were also fortunate to be able to share body safety and healthy relationships education with several other schools in the county. Body safety and healthy relationships education continues to be a need for youth, to understand and know what is not safe and how to report. We provided prevention education to over 25,000 individuals.

- 8 Darkness to Light Stewards of Children trainings provided to the community.
- 195 Play It Safe presentations
- 170 youth Monique Burr anti-bully practices and healthy relationships presentations.

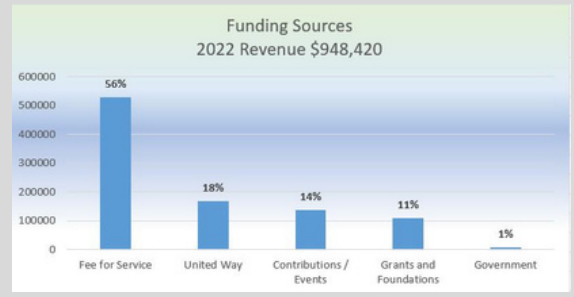
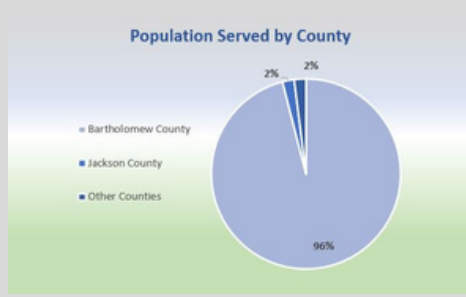
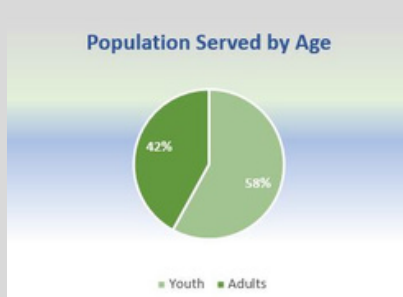
STORIES

Counseling has helped me a lot with my anxiety. I came into school having anxiety and panic attacks most of the time. My therapist was very helpful and made me feel as though I was talking to someone who got it. She has helped me through some of the worst times of my life and I am so thankful for that." - 15 years old student

Volunteers

161 individuals volunteered for more than 1,140 hours of service through committee work, events, and special projects.

Agency Demographics



Collaborations & Partnerships

Council for Youth Development (CYD) ▪ Counseling Counts – BCSC ▪ Turning Point Domestic Violence Services ▪ Alliance for Substance Abuse Progress (ASAP HUB) ▪ Mental Health/Substance Abuse Action Team ▪ Healthy Communities ▪ Child Fatality Review Team ▪ Infant Mortality Prevention Team ▪ Thrive Alliance ▪ South Central Indiana Human Trafficking Coalition ▪ kNot Today Foundation

2022 Grantors:

Bartholomew County Bartholomew County Substance Abuse Council ▪ Conover Foundation ▪ Clarence E. Custer & Inez R. Custer Foundation ▪ Columbus Regional Health Foundation ▪ Mark and Wendy Elwood Foundation ▪ First Presbyterian Foundation ▪ Heritage Fund Community Foundation ▪ kNot Today Foundation ▪ Elizabeth Ruddick Nugent Foundation ▪ Indiana Pacers Foundation ▪ Mildred Almen Reeves Foundation ▪ State Farm ▪ United Way of Bartholomew County ▪ Walmart Foundation

2022 BOARD

Tina Snider - President
 Michael Heyden- Vice President
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MAKING A DIFFERENCE

Thank you to all that have contributed to our mission. You have helped to improve access to mental health services for all and have made it possible for youth to improve developmental assets at no cost, breaking down barriers. YOU have made a lasting impact on our community. If you would like to be apart of our mission. Please make a contribution to:

Family Service, Inc.
 PO Box 1002
 Columbus, IN 47202
www.familyservicebc.org



Mission Statement:

Family Service, Inc. is dedicated to improving the mental wellness of our community through prevention, education, treatment, and advocacy.

Vision Statement:

To live in a community that values mental wellness as an essential part of the overall health of individuals.