

2021 Annual Report



FAMILY SERVICE, INC.

**Mental Health Counseling &
Child Abuse Prevention Education**

*Our Mission: To strengthen and enhance the well-being of families
and individuals in the community.*



"You have done wonders for my kids. My 15-year-old has the confidence to do things he didn't have before, and my 9-year-old is no longer angry at the world and has adjusted to a new school very well. It's all because of you." ~ Mother of two



"For me, I feel like the D2L training demystified or rather took away the power of denial and fear about what we might be witness to and then gave us tools/guidelines on how to react. It was something I was apprehensive about attending but was very glad I did." ~BCSC Staff Member



Highlights...

Mental Health Counseling



- ✦ Provided Individual and family counseling to more than 650 adult and child consumers.
- ✦ Provided 47 individuals with a variety of mental health educational presentations throughout the year.

Child Abuse Prevention Education



- ✦ Educated nearly 25,000 individuals about child abuse prevention.
- ✦ Provided 313 Play it Safe Presentations to Youth.
- ✦ Provided 179 Bully Prevention Presentations to Youth.
- ✦ Provided Darkness to Light Child Sexual Abuse Prevention Training to more than 200 adults in the community.
- ✦ Distributed nearly 3,000 pinwheels throughout the community.

Year-at-a-Glance...

2021 was a year of more challenges to be faced but Family Service, Inc saw these challenges as opportunities to grow in our service to the community and with the help of our amazing community, we continued to rise to meet those challenges head on. The impact of Covid -19 on the community's mental health was highly recognizable as more and more individuals reached out for help. Our referrals increased by nearly 50 percent. Teletherapy continued through 2021 and we were also able to start transitioning back to the office allowing us to meet many clients face to face to continue therapy. In addition, as schools and organizations began to reopen, our child abuse prevention team was able to work on a hybrid level offering presentations and educational trainings both in person and virtually. We rolled out a new series of anti-bullying presentations utilizing the evidence-based Monique Burr Foundation Curriculum. Our CAP program had the opportunity to provide Darkness to Light Stewards of Children® Child Sexual Abuse Prevention Training to several agencies this year including training Columbus Fire Department and Edinburg Fire Department making them the first two fire departments to receive this certification in the state of Indiana. We held our first Pinwheel Garden Drive through in April, participated in the Suicide Awareness Week event at BCSC schools in September and provided mental health education at the PRIDE Day event for the first time this year. With all the transitioning and new service options available, Family Service, Inc. was able to more than double the direct service impact over last year providing services to more than 25,000 community members. Yes, 2021 was a year of transition and transformation for Family Service, Inc. and we are looking forward to continuing our transformation into 2022.

One of our therapists received this message from a 23-year-old female client: "It's because of you I've found hope again."

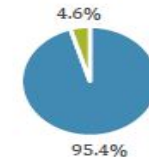
Areas to focus on for 2022.

We have identified the following areas to focus on for 2022:

- Agency Sustainability
- Capacity Building
- Staff Development

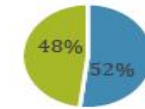
Agency Demographics

Population Served by County of Residence



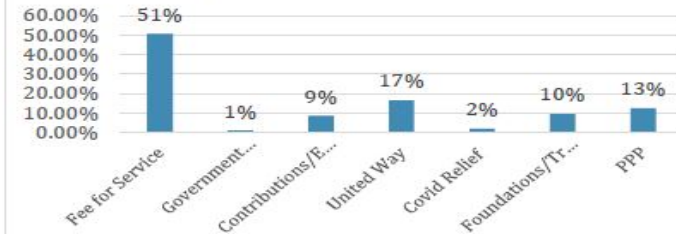
■ Bartholomew ■ Other

Population Served by Age



■ Adults ■ Youth

Funding Sources
2021 Revenue: \$1,081,601



Vision statement:

We envision a trauma-informed community where all children are raised in a safe, stable home, and where mental health is seen as an essential part of overall well-being, the stigma for seeking mental health services is minimized, barriers to access are eliminated, and Family Service is widely recognized as an expert in mental health and child abuse prevention.

Community Engagement

Our work would not be possible without the support we receive from our generous community!

Volunteers

51 individuals volunteered for more than 600 hours of service through committee work, events, and special projects.



2021 Board Members

| | |
|--------------------------------|---------------------|
| Tina Snider - President | Nicki Vreeland |
| Michael Heyden– Vice President | Neil Jenner |
| Beth Morris - Treasurer | Brad Hamilton |
| Dwayne Smith - Secretary | John “Austin” Smith |
| Al Furlani | Amanda Meza |
| Tracey Buzzard | Jamieson Ogle |
| Erin Hawkins | Jahon Hobbeheydar |

Collaborations & Partnerships

- Council for Youth Development (CYD)
- Counseling Counts – BCSC
- Turning Point Domestic Violence Services
- Alliance for Substance Abuse Progress (ASAP HUB)
- Mental Health/Substance Abuse Action Team - Healthy Communities
- Child Fatality Review Team
- Infant Mortality Prevention Team
- Thrive Alliance
- South Central Indiana Human Trafficking Coalition

Charitable Giving

Events



CAP Adult Prom was able to be held at our regular in person venue this year! After transitioning to a later summer date and implementing some safety accommodations, 440 individuals were able to dance the night away returning to the “Roaring 20s!” A great time was had by all! We are looking forward to returning to our regular April event for 2022.

Grants/Partners



2021 Grantors:

American Rescue Plan – Bartholomew County
Bartholomew County Substance Abuse
Council • Conover Foundation • Clarence E.
Custer & Inez R. Custer Foundation •
Columbus Regional Health Foundation • Mark
and Wendy Elwood Foundation • Heritage
Fund Community Foundation • Elizabeth
Ruddick Nugent Foundation • Mildred Almen
Reeves Foundation • State Farm • United
Way of Bartholomew County

Partners: For a complete list of our
partners/sponsors please visit our website
www.familyservicebc.org.

Family Service, Inc. offers services to everyone regardless of race, ethnicity, religion, sexual orientation, gender, age or marital status. Our licensed therapists and certified trainers are compassionate, dedicated, knowledgeable and affordable.

Contact Us



1531 13th St. Suite 2540
Columbus, IN 47201

Phone: 812-372-3745

Espanol: 812-314-2302

Email: famserv@familyservicebc.org

Web: www.familyservicebc.org



Family Service, Inc.
1531 13th St. Suite 2540
Columbus, IN 47201