

# 2020 Annual Report

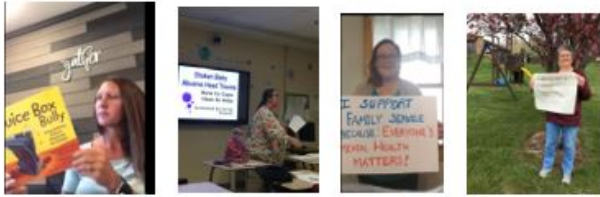


**FAMILY SERVICE, INC.**

**Mental Health Counseling &  
Child Abuse Prevention Education**



*"Counseling has helped me a lot with my anxiety. I came into school having anxiety and panic attacks most of the time. My therapist was very helpful and made me feel as though I was talking to someone who got it. My therapist has helped me through some of the worst times of my life and I am so thankful for that."*  
 ~ Student age 15



*"This was such a great training. I would encourage EVERYONE to do it!" (Darkness to Light).*  
 ~Alicia Monroe, United Way



## Highlights...

### Mental Health Counseling



- ✦ Provided Individual and family counseling to more than 530 adult and child consumers.
- ✦ Transitioned to teletherapy services.
- ✦ Provided 47 individuals with a variety of mental health educational presentations throughout the year.

### Child Abuse Prevention Education



- ✦ Educated more than 10,300 individuals about child abuse prevention.
- ✦ Provided 79 Play it Safe Presentations to Youth.
- ✦ Provided 115 Bully Prevention Presentations to Youth.
- ✦ Provided 416 parents/caregivers with the Period of Purple Crying Bedside education at CRH.
- ✦ Provided infant and toddler Safety presentations to 94 students.
- ✦ Distributed more than 1,200 pinwheels throughout the community.

## Year-at-a-Glance...

### Covid-19 Impact

2020 was a year of unprecedented challenges. With the help of our amazing community, Family Service, Inc. faced those challenges head on and continued to provide services while doing our part to help stop the spread of the virus. We completely transitioned our service model to teletherapy. Teletherapy was introduced to help us safely meet the mental health needs of our community. Our child abuse prevention programs began operating through virtual presentations to accommodate the new school policies and assist with keeping students safe. Through all the challenges and changes we were still able to provide quality service to over 10,900 community members. To help meet new hospital operating guidelines, we transitioned our crying education program to the CRH staff so that families would still receive vital information on the Period of Purple Crying and infant safety. Thanks to additional grant funding from United Way of Bartholomew County, Carl Marshal & Mildred Almen Reeves Foundation and First Presbyterian Church Foundation, we were able to provide nearly 900 free therapy sessions to individuals and families who needed services but who were burdened by financial constraints due to the pandemic. All staff were able to complete Emotional CPR training and Implicit Bias & Anti-Racism training. Yes, 2020 was a year of challenges but we rose to those challenges and are ready to hedge forward into 2021.

*We offered a client's mom the opportunity to use the UW grant. Mom expressed her sincere gratitude for this gift. She shared that during this time it allows her to ensure her child's mental wellbeing can be maintained and they can continue to grow. She was so excited and cried when I told her. --Charlotte*

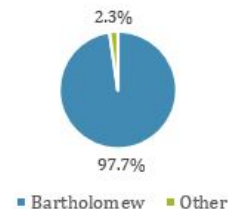
### Areas to focus on for 2021.

We have identified the following areas to focus on for 2021.

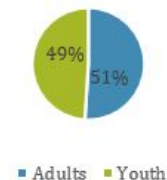
- Transitioning back into the Family Service, Inc. offices.
- Agency Sustainability
- Capacity Building

## Agency Demographics

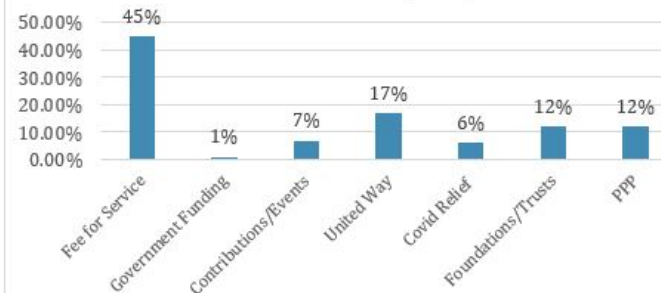
Population Served by County of Residence



Population Served by Age



Funding Sources  
2020 Revenue: \$1,034,382



***Our Mission: To strengthen and enhance the well-being of families and individuals in the community.***

# Community Engagement

*Our work would not be possible without the support we receive from our generous community!*

## Volunteers

In 2020, 31 individuals volunteered for more than 701 hours of service by working on our virtual event, committee work, knitting/crocheting purple hats, and special projects.



## 2020 Board Members

Al Furlani - President	Nicki Vreeland
Tracey Buzzard- Vice President	Sarah Cannon
Brad Hamilton - Treasurer	Dwayne Smith
Tina Snider - Secretary	John "Austin" Smith
Robin Gill	Beth Morris
Amanda Meza	Michael Heyden

## Collaborations & Partnerships

- Council for Youth Development (CYD)
- Counseling Counts – BCSC
- Turning Point Domestic Violence Services
- Alliance for Substance Abuse Progress (ASAP HUB)
- Mental Health/Substance Abuse Action Team - Healthy Communities
- Child Fatality Review Team
- Infant Mortality Prevention Team
- Thrive Alliance
- South Central Indiana Human Trafficking Coalition

# Charitable Giving

## Events



Covid-19 made it impossible for us to throw our regular beloved events! All events were cancelled for the year except for the CAP Prom which had to be transitioned to a virtual event. 575 individuals were able to attend our virtual prom.

## Grants/Partners

### 2020 Grantors:



Blackbaud Giving Fund • Buchanan-Clements Foundation • Conover Foundation • Clarence E. Custer & Inez R. Custer Foundation • Columbus Regional Health Foundation • John & Judy Kussman Family Fund • Lily Endowment Foundation • First Financial Foundation • First Presbyterian Church Foundation • Heritage Fund Community Foundation • Elizabeth Ruddick Nugent Foundation • Mildred Almen Reeves Foundation • State Farm • United Way of Bartholomew County • Walmart Foundation (Sam's Club)

*Partners:* For a complete list of our partners/sponsors please visit our website [www.familyservicebc.org](http://www.familyservicebc.org).

Family Service, Inc. offers services to everyone regardless of race, ethnicity, religion, sexual orientation, gender, age or marital status. Our licensed therapists and certified trainers are compassionate, dedicated, knowledgeable and affordable.

### Contact Us



1531 13th St. Suite 2540  
Columbus, IN 47201

Phone: 812-372-3745

Email: [famserv@familyservicebc.org](mailto:famserv@familyservicebc.org)

Web: [www.familyservicebc.org](http://www.familyservicebc.org)



**Family Service, Inc.**  
1531 13th St. Suite 2540  
Columbus, IN 47201